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meal. (Note that not all of the recipes
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Recipes 1. Roasted Red Pepper Hummus

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High-Protein Vegan Recipes - EatingWell

The High-Protein Vegan Cookbook is now published and ready to serve up some plant-based high-protein recipes. I swear

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**10 Best High Protein Vegan
Cookbook in 2020 (August update)**

The recipes include protein-packed options as well as gluten-free options that can be made as quickly as 15 minutes. So without further ado, Healthista wanted to share our five top picks of protein-packed vegan recipes from Gaz Oakley's new cookbook. Happy

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